



KINESIS














































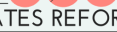
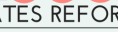
timetable

UPDATE

from 24.03.26

Reformer Pilates Studio



ΩΡΕΣ	ΔΕΥΤΕΡΑ	ΤΡΙΤΗ	ΤΕΤΑΡΤΗ	ΠΕΜΠΤΗ	ΠΑΡΑΣΚΕΥΗ	ΣΑΒΒΑΤΟ
9:00 - 10:00	 PILATES REFORMER	 PILATES REFORMER	 PILATES REFORMER	 PILATES REFORMER	 PILATES REFORMER	
10:00 - 11:00	 PILATES REFORMER	 PILATES REFORMER	 PILATES REFORMER	 PILATES REFORMER	 PILATES REFORMER	
11:00 - 12:00	 PILATES REFORMER	 PILATES REFORMER	 PILATES REFORMER	 PILATES REFORMER	 PILATES REFORMER	
12:00 - 13:00	 PILATES REFORMER		 PILATES REFORMER		 PILATES REFORMER	
16:00 - 17:00	 PILATES REFORMER	 PILATES REFORMER	 PILATES REFORMER	 PILATES REFORMER	 PILATES REFORMER	
17:00 - 18:00	 PILATES REFORMER	 PILATES REFORMER	 PILATES REFORMER	 PILATES REFORMER	 PILATES REFORMER	
18:00 - 19:00	 PILATES REFORMER	 PILATES REFORMER	 PILATES REFORMER	 PILATES REFORMER	 PILATES REFORMER	
19:00 - 20:00	 PILATES REFORMER	 PILATES REFORMER	 PILATES REFORMER	 PILATES REFORMER	 PILATES REFORMER	
20:00 - 21:00	 PILATES REFORMER	 PILATES REFORMER	 PILATES REFORMER	 PILATES REFORMER	 PILATES REFORMER	
21:00 - 22:00	 PILATES REFORMER	 PILATES REFORMER	 PILATES REFORMER	 PILATES REFORMER		